

A SAFER FUTURE FOR EVERY LETTER CARRIER

ROB KOSIER | NALC National Director of Safety and Health

Safety is more than preventing injuries. It is building a workplace where every carrier feels safe, respected, supported, and empowered to speak up.

MY MISSION

Build a national safety program that prevents harm before it happens, gives branches real backup, and treats dignity, mental well-being, extreme weather, and physical hazards as parts of the same mission.

01 DOGS OF WAR - NATIONAL EXPANSION

Create trained advocates in all 15 regions to confront bullying, intimidation, harassment, retaliation, and toxic workplaces. Branches should have experienced backup, standardized tools, and a clear path to action.

02 PEER SUPPORT THAT RESPONDS FAST

Train trusted NALC volunteers as peer responders - not counselors - who can listen, recognize warning signs, stabilize the moment, and connect members to professional help before a crisis becomes a tragedy.

03 HEAT & EXTREME WEATHER ACTION

Build Regional Weather Safety Teams and push stronger national protections for heat, cold, storms, wildfire smoke, air quality, emergency communication, acclimatization, hydration, cooling, and dangerous-weather protocols.

04 CPR, AED & FIRST-AID TRAINING

Expand voluntary access to CPR, AED, and basic first-aid certification. Letter carriers are in communities every day; giving members lifesaving skills can protect coworkers, customers, families, and the public.

PROTECT. PREVENT. SUPPORT. ENFORCE.

CARRIER COMPASSION FOUNDATION

Build a nationwide carriers-helping-carriers network for members facing devastating personal hardships - emergency financial assistance, practical support, local compassion coordinators, and national partnerships.

ARTICLE 14 & SAFETY ENFORCEMENT

Give stewards and branches stronger training, grievance tools, PS Form 1767 education, OSHA awareness, investigation support, and national guidance. Safety rights mean little if we do not know how to enforce them.

INSIDE THE POST OFFICE

Address hazards inside postal facilities - especially asbestos - along with mold, poor air quality, HVAC failures, electrical and fire hazards, unsafe floors, docks, lighting, machinery, sanitation, and other building conditions.

THE EVERYDAY HAZARDS STILL MATTER

Keep relentless focus on dog attacks, assaults and robberies, vehicle safety, slips and falls, unsafe equipment, and other preventable hazards. Modernizing Safety and Health does not mean abandoning the basics.

WHAT THIS PLATFORM LOOKS LIKE IN ACTION

A national department that is visible, responsive, connected to the workroom floor, and ready to help branches solve problems before another carrier becomes a statistic.

1 EVERY BRANCH DESERVES BACKUP

No branch should have to reinvent the wheel. National and regional teams should provide proven tools, experienced advocates, and practical support when serious safety or workplace problems arise.

3 TRAINING MEMBERS CAN ACTUALLY USE

Expand practical training for stewards, safety representatives, branch officers, and interested carriers: Article 14, Joint Statement enforcement, investigations, CPR/AED, first aid, weather safety, and peer support.

5 NATIONAL STANDARDS, LOCAL STRENGTH

Connect all 15 regions, share successful strategies, standardize core materials, and still give local branches the flexibility and support they need to respond to their members.

2 PREVENTION BEFORE REACTION

Use reporting, trend analysis, regional communication, and lessons learned to identify hazards early - not after an injury, assault, heat illness, or workplace crisis.

4 RESPECT IS A SAFETY ISSUE

A workplace filled with fear, bullying, retaliation, or intimidation is not a safe workplace. Dignity and respect must be treated as essential parts of Safety and Health.

6 LEADERSHIP THAT SHOWS UP

National safety leadership should listen to carriers, visit installations, engage branch leaders, learn from successful local programs, and stay connected to what members are actually experiencing.

MY PRIORITIES

Safer workplaces | Asbestos & facility hazards | Stronger Joint Statement enforcement | Dogs of War in every region | Peer support | CPR/AED training | Heat and weather safety | Carrier compassion | Accountability

WHY I AM RUNNING

Because I believe we can do better. We already have good people throughout this union doing incredible work. My goal is to connect them, train them, give them the resources to succeed, and build systems that protect our members before tragedy happens.

EVERY CARRIER DESERVES TO GO HOME SAFE.

Every carrier deserves to be treated with respect. Every branch deserves the resources to stand up and fight when those principles are threatened.

Rob Kosier | Platform for NALC National Director of Safety and Health

MENTAL HEALTH & CARRIER SUPPORT

NO CARRIER SHOULD HAVE TO STRUGGLE ALONE.

Safety is not only about preventing physical injuries. Mental well-being belongs in Safety and Health too. A carrier who reaches out for help deserves urgency, dignity, compassion, and a clear path forward.

WHAT WE WILL DO

01 CARRIER-TO-CARRIER PEER SUPPORT

Train trusted NALC volunteers in all 15 regions as peer responders - not therapists - who can listen, recognize warning signs, respond appropriately, and connect members with qualified professional help.

04 TRAIN OUR UNION TO RECOGNIZE THE SIGNS

Give stewards, branch officers, safety representatives, and interested members practical training to recognize warning signs, start difficult conversations, understand the limits of their role, and connect a member with professional help.

02 A CLEAR PATH TO HELP

When a carrier says, "I need help," they should not be handed a list of numbers and left on their own. Build a nationally coordinated way for members and branches to find credible resources and know what to do next.

05 FIGHT THE CONDITIONS HURTING OUR MEMBERS

Mental-health support cannot mean giving someone a phone number and sending them back into the same toxic environment. When bullying, intimidation, harassment, retaliation, fear, or abusive workplace conditions contribute to distress, we fight those conditions too.

03 STRENGTHEN EMERGENCY RESPONSE TEAM SUPPORT

NALC already has Emergency Response Teams (ERT) that respond when members and branches face traumatic events and emergencies. Strengthen those teams, expand awareness of their support, and make sure every branch knows how to activate them. After robberies, assaults, serious accidents, workplace violence, a coworker death or suicide, and other traumatic events, connect affected carriers with ERT resources and broader peer-support and mental-health efforts.

06 PROFESSIONAL PARTNERSHIPS & PREVENTION

Connect peer responders and branches with credible professional and community resources, learn from serious workplace crises without violating privacy, and use those lessons to improve training, intervention, and prevention.

WE PROTECT THE WHOLE CARRIER.

We cannot call ourselves a Safety and Health Department if we protect the body while ignoring the person.

When a carrier reaches out for help, somebody should reach back.